

THE GREATEST GAME OF ALL



## COMMUNITY RUGBY LEAGUE MEMO

**RE:** COVID-19 (Corona Virus)  
**TO:** All Regions, Clubs and Leagues  
**FOR:** URGENT DISTRIBUTION

The purpose of this MEMO is to provide advice relating to an operational response to COVID-19 pandemic

### Personal Hygiene

- Players should only use personal water bottles. Sharing of team water bottles should be avoided. Where possible use paper cups and dispose.
- Do not share towels or other toiletries.
- Have hand sanitiser readily available and wash hands on a regular basis (30 second minimum).
- Sterilise training equipment, gyms and other club facilities where possible.
- Avoid using club showers or amenities unless they are sterilised after each use.
- Participants should bring a change of clothes for post games and training. Participants should avoid being in sweaty clothing for long periods.
- Reduce unnecessary contact. E.g. Hand shaking, kissing, hugging.
- **Any participant or volunteer that is presenting cold or flu symptoms must self-isolate and seek immediate medical advice.**

For more information on personal health please refer to the QLD Health Website below:

<https://www.health.qld.gov.au/clinical-practice/guidelines-procedures/diseases-infection/diseases/coronavirus>

### Competitions and Training

- **At this stage, the hosting of competitions and/or trial games are at the discretion of the relevant Local League. As this is a rapidly changing situation further advice will be provided during the week commencing 16 March which may result in all QRL Sanctioned Competitions being suspended.**



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- Most recent Government advice is to limit all non-essential gatherings (not including schools, universities or airports) of more than 500 people. This is to take affect from Monday 16 March.
- Clubs, leagues and associations continuing to host training sessions please comply with the above. This may require you to alter training days and schedules.
- If possible, consider holding gatherings or team meetings outside to increase airflow and avoid being in a confined space for too long as a group. Consider using marquees and tents to increase shade.
- All clubs, leagues and associations should avoid non-essential group travel.

### Reporting

- **Reporting is vital.** Any club, league or association that confirms a reported case of COVID-19 must provide immediate advice to Darren Schooth via email at [D.Schooth@qrl.com.au](mailto:D.Schooth@qrl.com.au) .

The QRL will continue to update all affiliates as new information becomes available.

Yours sincerely,

Glenn Ottaway  
Regional General Manager - Queensland Rugby League



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